



# Healthy Campus Case Study

**HEA** | AN tÚDARÁS um ARD-OIDEACHAS  
HIGHER EDUCATION AUTHORITY



## FISU (International University Sports Federation) Healthy Campus Platinum Accreditation

### Name of Institution and Initiative Lead

Technological University Dublin  
Dr Teresa Hurley, Healthy Campus Project Manager

### Date, timeframe and reach

2023 - 2025

### Aims and Objectives

The aim of this project was to achieve FISU Healthy Campus Platinum Accreditation for TU Dublin across all 5 campuses.

### Aligned Frameworks, Polices, or Strategies

This project required evidence of meeting 7 criterion to be submitted including

1. Physical Activity & Sport
2. Nutrition
3. Disease Prevention
4. Mental & Social Health
5. Risk Behaviour
6. Environment Sustainability & Social Responsibility
7. Healthy Campus Management

As an international accreditation process it provided a good fit with the HEA Healthy Campus Charter and Framework, other national policies and University policy development and practices.

### Project Collaborators

Internal stakeholders included Healthy Campus, Sustainability, Sport, Chaplains, Campus Planning & Estates, Employee Engagement, Student Success & Engagement, Students Union, Staff Unions, Professional Services Staff and Faculty Members, Clubs & Societies, People Development, Student Health Centres, Counsellors, Green Campus, Volunteering & People Organisation & Culture. External stakeholders included the HSE, Slaintecare, Empower, Tallaght and Clondalkin Anti-Drugs & Alcohol Taskforce, Tobacco Free Ireland, Irish Heart Foundation, Sport Ireland, Healthy Ireland, HEA Healthy Campus, Department of Health.

### Key Learning Points

Financial and staff resources are critical to making projects like this happen, along with planning and collaboration, which take time, but are key to engagement and success.

Healthy Campus Process	Whole Campus Approach	Topic	Population Group
Commit; Coordinate; Consult; Create; Celebrate & Continue	Leadership, Strategy & Governance; Campus Environment (Facilities & Services); Campus Culture & Communications; Personal & Professional Development	Substance Misuse; Healthy Eating /Food; Mental Health & Wellbeing; Sexual Health and Wellbeing; Tobacco Free Campus; Physical Activity/ Active Transport; Wellbeing on the Curriculum	Staff; Students

