



# Healthy Campus Case Study

**HEA** | AN tÚDARÁS um ARD-OIDEACHAS  
HIGHER EDUCATION AUTHORITY



## Embedding Healthy Campus in a compulsory Education for Sustainable Development curriculum

### Name of Institution and Initiative Lead

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### Date, timeframe and reach

Academic year 2023 – 2024 and ongoing.  
600 students in the first year of delivery.

### Aligned Frameworks, Polices, or Strategies

HEA Healthy Campus Charter; National Student Mental Health and Suicide Prevention Framework; HEA Funded 3 Set report; Trinity Shape Study; Trinity Sustainability Strategy 2023-2030

### Aims and Objectives

#### Aim:

- Embed Healthy Campus course materials in a compulsory Education for Sustainable Development Module

#### Objectives:

- Develop an activism handbook aimed at teaching students how to use the theory of behaviour change to act on upstream change
- Work with Education for Sustainable Development fellows to explore if the Handbook could be incorporated into a compulsory module being designed by Trinity Sustainability

### Project Collaborators

Education for Sustainable Development Fellows,  
Trinity Sustainability  
Trinity Business School

### Key Learning Points

Embedding in the curriculum is a powerful way to engage students in Healthy Campus but required a good relationship between academic and professional partners as well as the development of content that was relevant, novel and useful to the module being designed.

Healthy Campus Process	Whole Campus Approach	Topic	Population Group
Create	Personal & Professional Development	Wellbeing on the Curriculum; Health and Sustainability	Students



**Trinity College Dublin**  
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