Mental Health and Training Resources

4 mental Health

https://www.4mentalhealth.com/

Charlie Waller E-Learning

https://www.charliewaller.org/what-we-offer/universities/e-learning-for-college-and-university-staff

Connecting for life training

https://www.hse.ie/eng/services/list/4/mental-health-services/connecting-for-life/training/

HSE - Emotional Wellbeing Resources for Post-Primary Teachers

https://www.hse.ie/eng/about/who/healthwellbeing/hse-education-programme/training-and-resources-for-post-primary-school-teachers/mental-health-training-and-resources-for-post-primary-school-teachers.html

Health Promotion Publications

https://www.healthpromotion.ie/

Healthy Ireland Website

https://www.gov.ie/en/campaigns/healthy-ireland/?referrer=https://www.gov.ie/en/organisation/healthy-ireland-/

HSE Connecting for life Website

https://www.gov.ie/en/campaigns/healthy-ireland/?referrer=https://www.gov.ie/en/organisation/healthy-ireland-/

Irish Association for Counselling and Psychotherapy upcoming training events

https://iacp.ie/page/all_events

Jigsaw

https://jigsaw.ie/

| Mind our Minds – Little Things |
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| http://www.mindourminds.ie/littlethings |
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| Mental Health First Aid Ireland |
| https://www.mhfaireland.ie/w/ |

Mind our minds

http://www.mindourminds.ie/

National Council of Mental Wellbeing Centre of Excellence

https://www.thenationalcouncil.org/program/center-of-excellence/

National Office for Suicide Prevention

https://www.hse.ie/eng/services/list/4/mental-health-services/nosp/

National Suicide Prevention Alliance – UK

https://nspa.org.uk/

NOSP Training

https://traininghub.nosp.ie/

PCHEI Resources

https://www.pchei.ie/resources

Psychological Society of Ireland

https://www.psychologicalsociety.ie/search/?s=CPD

USI Mental Health

https://mentalhealth.usi.ie/

Zero Suicide Alliance

https://www.zerosuicidealliance.com/