**HEA Healthy Campus**  **Case Study**

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| **HEALTHY CAMPUS CASE STUDY** | |
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| **Name of Institution/ Organisation** | Student Health Centre, University of Limerick |
| **Who led the initiative?** | Practice Nurse Manager, Student Health Centre |
| **Date and timeframe of the initiative.** | February 2017 to November 2017, February 2019 November 2019 |
| **What was the reach of the initiative?** | 1,374 |
| **Initiative title** | Does making condoms freely available on a university campus reduce the percentage of students diagnosed with chlamydia or gonorrhea? |
| **Aims / objectives** | This was a study that was undertaken on foot of anecdotal stories relaying the point that it was the punitive nature of cost associated with having to purchase condoms that prevented students from using them. |
| **The rationale for the action, including any identified health needs.** | Research had demonstrated that the cohort of the student population on campus were at an increased risk of STIs and the associated health implications |
| **Identify all frameworks, policies, or strategies this initiative aligns to**  **(internal, local or national)** | * Healthy UL Framework * National Sexual Health Strategy, 2020-2025. * Healthy Ireland Framework, 2013 – 2025. |
| **Summary** | **Background**  Among professionals in the field of sexual health there is a consensus that condoms are a critical component in a comprehensive and sustainable approach to the prevention of HIV and other sexually transmitted infections.  **Aim**  This pilot study assessed the impact of condoms which were made freely available to students in 2019.  **Methodology**   * + Participated in a HSE initiative providing free condoms having identified a need.   + Used data collected through screening in the Student Health Centre (SHC).   + Data related only to those positive for chlamydia/gonorrhea used.   + Data presented from February 2017 to November 2017(pre condom distribution)   + Data presented February 2019 to November 2019 (during distribution). |
| **Did you collaborate with internal and/or external stakeholders to deliver?** | * Internal: Student Health Centre staff, Student Life and PSU? * External: HSE, Sexual Health and Crisis Pregnancy Agency |
| **How was the initiative organised?** | This was an initiative undertaken by an individual, who through experience on the ground could see the need existed for such an initiative. |
| **What resources did you need?** | Including financial, staffing and others.  Clinic hours and clinical time from Student Health Centre |
| **Has it been evaluated? How successful has it been?** | It was evaluated by the relevant section within the HSE, and this initiative is currently still ongoing. |
| **Any future plans, including the sustainability of the initiative?** | Due to the changing nature of the student profile and their sexual practices Student Health are currently trying to source other methods used for the prevention of the transmission of STIs to cater to the change in demand.  Free condoms continue to be provided nationwide at all HEIs. |
| **Key learning points** | Having statistics, data, and evidence-based practice to bolster your argument/request is beneficial especially when dealing with people that may not be clinical. |

**Healthy Campus Framework Categories (please tick all that apply)**

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| **Healthy Campus Process** | **Whole Campus Approach** | **Topic** | **Population Group** |
| Commit | Leadership, Strategy & Governance | Alcohol | Students |
| Coordinate | Campus Environment (Facilities & Services) | Substance Misuse | Staff |
| Consult | Campus Culture & Communications | Healthy Eating / Food | Wider community |
| Create | Personal & Professional Development | Mental Health & Wellbeing | Other |
| Celebrate & continue |  | Sexual Health & Wellbeing |  |
|  |  | Tobacco Free Campus |  |
|  |  | Physical Activity / Active Transport |  |
|  |  | Wellbeing on the Curriculum (can also fall under ‘Personal & Professional Development) |  |
|  |  | Health & Sustainability |  |
|  |  | Other |  |

**Contact Details**

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| **Links** | Please add links to any relevant pages/ documents. Please attach any items not in a link format with your submission. |