



Healthy Campus Case Study



HEA | HIGHER EDUCATION AUTHORITY
AN tÚDARÁS um ARD-OIDEACHAS

Does making condoms freely available on campus reduce rates of chlamydia or gonorrhoea?

Name of institution and initiative lead
University of Limerick Practice Nurse Manager, Student Health Centre
Date and timeframe
February 2017 to November 2017, February 2019 November 2019
What was the reach?
1,374
Aims and Objectives
This was a study that was undertaken on foot of anecdotal stories relaying the point that it was the punitive nature of cost associated with having to purchase condoms that prevented students from using them.

Aligned frameworks, policies, or strategies
Healthy UL Framework National Sexual Health Strategy, 2020-2025. Healthy Ireland Framework, 2013 – 2025.
Project Collaborators
Internal: Student Health Centre staff, Student Life and PSU? External: HSE, Sexual Health and Crisis Pregnancy Agency
Key Learning Points
Having statistics, data, and evidence-based practice to bolster your argument/request is beneficial especially when dealing with people that may not be clinical.

Summary
Among professionals in the field of sexual health there is a consensus that condoms are a critical component in a comprehensive and sustainable approach to the prevention of HIV and other sexually transmitted infections. This pilot study assessed the impact of condoms which were made freely available to students in 2019. Methodology included: Participated in a HSE initiative providing free condoms having identified a need. Used data collected through screening in the Student Health Centre (SHC). Data related only to those positive for chlamydia/gonorrhoea used. Data presented from February 2017 to November 2017(pre condom distribution). Data presented February 2019 to November 2019 (during distribution). It was evaluated by the relevant section within the HSE, and this initiative is currently still ongoing.

Healthy Campus Process	Whole Campus Approach	Topic	Population Group
Create	Campus Environment (Facilities & Services)	Sexual Health & Wellbeing	Students
	Personal & Professional Development	Health & Sustainability	Staff

