



UNIVERSITY OF
LIMERICK
OLLSCOIL LUIMNIGH

Knowledge Exchange

The Work of Healthy UL Sexual Health and Wellbeing Committee



hi
Healthy
Ireland

Healthy UL

Healthy People & Environments

Platform for Interaction

Healthy Environment

Addictive Behaviours

Sexual Health & Wellbeing

Mental Health & Wellbeing

Healthy Eating

Physical Activity

Health in all Policies

Monitoring & Intelligence

Governance

Leadership

Funding & Resources

Healthy UL Framework: Sexual Health & Wellbeing Group

Our aim is to promote and support Sexual Health & Wellbeing among the staff and student populations of University of Limerick.

In the Healthy UL Framework 2019-2022 the Sexual Health & Wellbeing Group proposed actions:

- Make Sexual Consent workshops available to all UL students in their first year of study.
- Lobby for the opening of a SATU (Sexual Assault Treatment Unit) in the local University Hospital so that victims do not have to make the journey to Galway as is currently the case.
- Develop a Sexual Health & Wellbeing Policy

Subgroup Membership:

Dr Marie Connolly – Subgroup Lead
Maria Healy – Sexual Harassment & Sexual Violence Prevention and Support Officer
Dr Sarah Kennedy – Healthy UL Manager
Claire Kearns – Practice Nurse Manager
Ellen Fitzmaurice – Student Support & Development Manager
Karen Fanneran – Employee Relations Manager
Roger Dsilva – Postgraduate Student Union President
Emily Rosenkranz – Student Welfare Officer
Dr Tracey Keogh – Associate Teacher, Dept. of Psychology
Shane Laffan – Student Information and Support Coordinator

Sexual Health & Wellbeing Group: Policy

The Sexual Health & Wellbeing (SHW) Group oversee the implementation of targeted initiatives and activities as set out in the Framework Policy document for HEI's titled Safe, Respectful, Supportive & Positive – Ending Sexual Violence and Harassment in Irish Higher Education Institutions.

Sexual Health & Wellbeing Policy

Staff & Student Sexual Violence & Harassment Policy

Amalgamated SHW & Consent Framework Policy Review Group

Pillar 4

Sexual Health & Wellbeing

Consent Framework
Steering committee

Sexual Health & Wellbeing
Sub Group

Healthy UL – Mental Health
& Wellbeing Group

Out in UL LGBTi Group
Staff & Student reps

Healthy UL – Addictive
Behaviours Sub-Group

Active Consent

- Consent workshops embedded in Undergrad & Global Orientation
- Social Media
- Student Services Fairs
- 1300 attended in 1st week AY 23/24
- Follow up workshops provided in semester 1 to maximise engagement and promoted through targeted emails, social media, poster campaigns.
- AY 23/24 over 2700 1st year students attended consent workshops.
- Recruited Consent Ambassadors for peer to peer education. They promote a culture of consent on campus.
- Overall 7100+ students have attended consent workshops in UL since 2019



Consent Workshops

ACTIVE* CONSENT

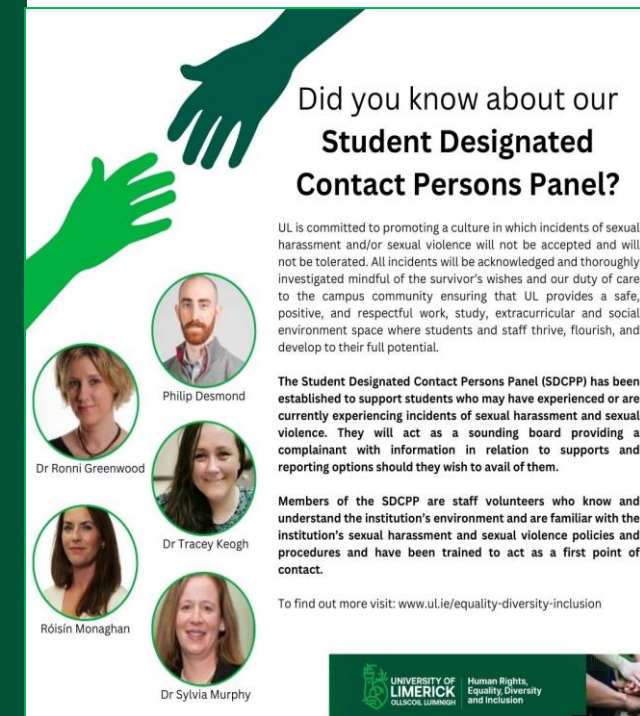
The **Active*Consent Workshops** aim to promote a positive approach to sexual health and to equip young people with the tools to recognise, and communicate about, sexual consent.

*Consent workshops are **mandatory** for all incoming First Year Students and will take place on Friday 15th September 9 - 10.30am in the University Concert Hall.



Student Designated Contact Persons Panel (SDCPP)

- Specific purpose of dealing with complaints of a sexual nature in a confidential manner.
- Staff volunteers who know and understand the institution's environment and are trained as a first point of contact.
- Support for students who have experienced, or are currently experiencing, incidents of sexual harassment and sexual violence
- Act as a non-judgemental sounding board providing a complainant with information on supports and reporting options should they wish to avail of them.
- Completed a 4-stage training programme they were advertised as a resource.
- Resource Highlighted at Orientation Week, Well-Fair Wednesdays with Student Life, through poster and social media campaigns and the HREDI website
- Support System in place: Buddy system, Group sessions, clinical supervisor.



Did you know about our Student Designated Contact Persons Panel?

UL is committed to promoting a culture in which incidents of sexual harassment and/or sexual violence will not be accepted and will not be tolerated. All incidents will be acknowledged and thoroughly investigated mindful of the survivor's wishes and our duty of care to the campus community ensuring that UL provides a safe, positive, and respectful work, study, extracurricular and social environment space where students and staff thrive, flourish, and develop to their full potential.


The Student Designated Contact Persons Panel (SDCPP) has been established to support students who may have experienced or are currently experiencing incidents of sexual harassment and sexual violence. They will act as a sounding board providing a complainant with information in relation to supports and reporting options should they wish to avail of them.

Members of the SDCPP are staff volunteers who know and understand the institution's environment and are familiar with the institution's sexual harassment and sexual violence policies and procedures and have been trained to act as a first point of contact.


To find out more visit: www.ul.ie/equality-diversity-inclusion




Philip Desmond




Dr Ronni Greenwood




Dr Tracey Keogh



Róisín Monaghan



Dr Sylvia Murphy



UNIVERSITY OF LIMERICK
OLLSCOIL LUIMNIGH

Human Rights, Equality, Diversity and Inclusion



4-Stage Training Programme

- Handling Disclosures
- SATU & Legal Process
- Responding to Trauma
- Experiential Role Play for Handling Disclosures

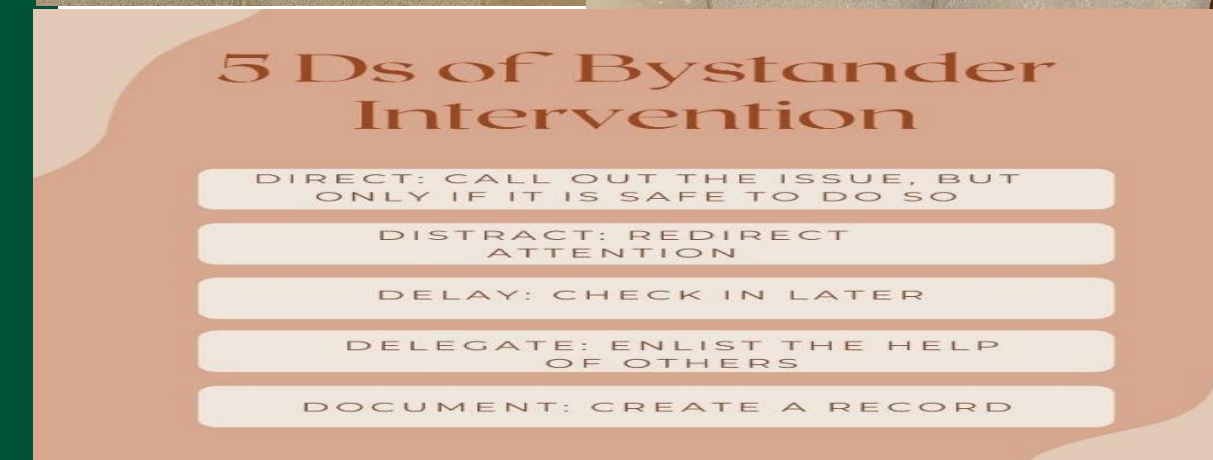
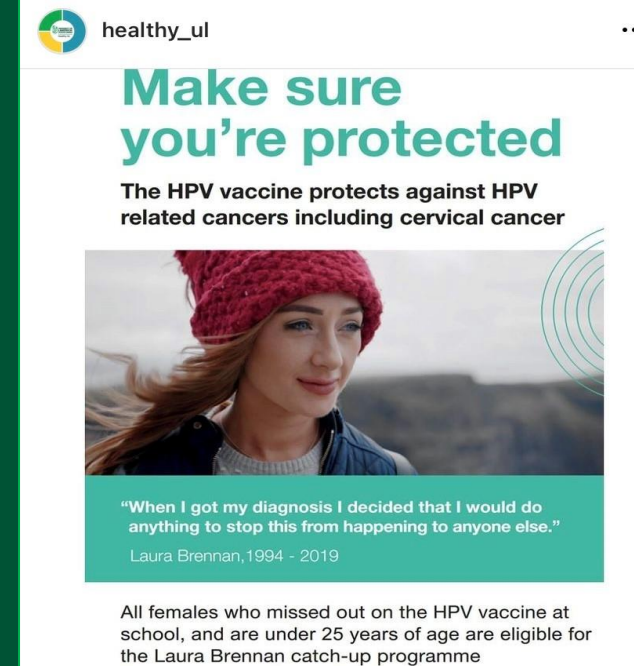
Handling Disclosures

- The Do's & Don'ts of Handling Disclosures training is rolled out to both staff and students in the Autumn & Spring Semester.
- 69 members of our UL Community have completed this training in AY23/24
- A more comprehensive disclosure training is rolled out to front facing staff i.e. student engagement team, Student Life Student Union staff, Student Information & Support staff.
- 23 key staff members have completed this training in AY23/24.



Awareness Raising Campaigns

- Campaigns
- HPV vaccine clinic was very successful this year. We held 5 clinic sessions resulting in 348 vaccinations. Great credit is due to Claire Kearns, our practice nurse manager.
- A number of free condom and lubricant dispensers are available in key areas around the campus .i.e. Student Union Building, Health Centre, Student Courtyard toilets with other spaces being identified.
- Consistently highlighting support services.



Collaboration & Engagement

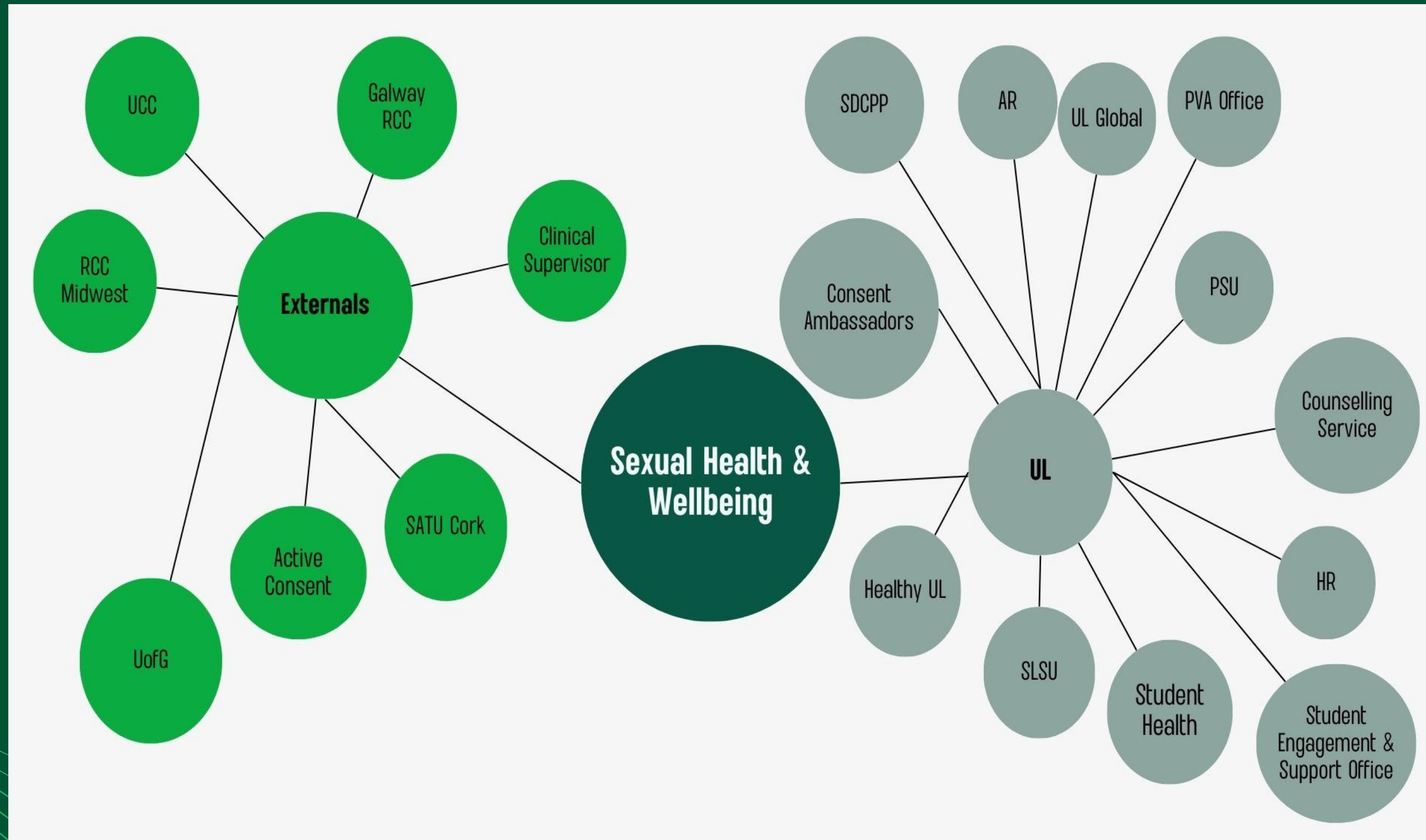
- A whole campus approach is needed for us to reach everyone in our community.
- External organisations are important so that we have the expert knowledge available to our campus community.
- Currently in discussion with SATU Cork to identify a space on our campus for a outpatient clinic which will be available to the wider Midwest community.



ShoutOut Workshops Delivered at University of Limerick
ABCs of LGBTQI+
Gender Identity Expression & Diversity Training



Stakeholder Engagement



A photograph of a university campus during autumn. In the background, a large, modern building with a curved glass facade and a red brick base is visible. The building is surrounded by trees with vibrant orange and yellow autumn foliage. In the foreground, a grassy lawn is illuminated by the warm light of the setting or rising sun. Several people are walking across the lawn; two women are walking together on the left, and a man is standing on the right. The sky is a clear, pale blue. Overlaid on the image are several semi-transparent colored shapes: a large green rectangle in the top left, a smaller green rectangle in the middle left, and a yellow L-shaped shape in the bottom center.

Thank you