



## Healthy Campus Case Study



**HEA** | HIGHER EDUCATION AUTHORITY  
AN tÚDARÁS um ARD-OIDEACHAS

# What is a Mental Health & Wellbeing Priority for you

Name of institution and initiative lead
Atlantic Technological University Donegal Mental Health & Wellbeing Working Group
Date and timeframe
October 2022 – Healthy Campus Day
What was the reach?
All Students
Aims and Objectives
To hear the student voice To communicate directly with students on their priorities

Aligned frameworks, policies, or strategies
<b>Healthy Campus Framework Aim 3:</b> To generate and disseminate knowledge for promoting health and wellbeing in Higher Education Institutions
<b>Principle 1: Participation</b> - Where students, staff and the wider campus community are actively engaged in deciding on and implementing health and wellbeing promotion actions.
<b>National Student Mental Health &amp; Suicide Prevention Framework Theme 9 - Improve:</b> Frequent data collection and analysis to ensure an effective improvement in student mental health.

Project Collaborators
Students Union & Design Students
Key Learning Points
The adoption of a Whole Campus approach to improve the Mental Health & Wellbeing of all Students and Staff

Healthy Campus Process	Whole Campus Approach	Topic	Population Group
Commit	Campus Culture & Communications	Mental Health & Wellbeing	Students
Coordinate			
Consult			
Create			
Celebrate & Continue			

