



# Healthy Campus Case Study



**HEA** | HIGHER EDUCATION AUTHORITY  
AN tÚDARÁS um ARD-OIDEACHAS

## Integrating Health and Sustainability at a whole-university level

**Name of institution and initiative lead**  
Trinity College Dublin  
Prof. Jane Stout, VP Biodiversity and Climate Action; Martina Mullin, Healthy Trinity Operational Lead; Prof. Susan Smith, Healthy Trinity Academic Lead; Lena Doherty, Health Sciences Faculty Administrator; Prof. Catherine Darker, inaugural Healthy Trinity Academic Lead; Jane Hackett, Sustainability Manager.

**Date and timeframe**  
Trinity Sustainability Strategy Consultation: 2022-2023  
Trinity Sustainability Strategy: 2023-2030

**What was the reach?**  
Students: 20,000; Staff: 4,000

**Aims and Objectives**  
**Aim:** To integrate Healthy Campus into Sustainability within Trinity’s structures, in terms of governance and action.  
**Objectives:**

1. Articulate links between Healthy Trinity and other university units, particularly the newly formed unit, Trinity Sustainability;
2. Ensure Vice-Provost-level support for and engagement in the Healthy Trinity initiative and its activities taking a whole-university approach;
3. Contribute to the formation of Trinity’s sustainability targets and activities within Trinity’s Sustainability Strategy and Action Plan.

**Aligned frameworks, policies, or strategies**  
Trinity Strategy 2020-2025 – Goal 8.7 “Encourage the physical, mental and social health of the whole College community through implementation of the Healthy Trinity initiative.”  
Trinity Sustainability Strategy 2023-2030 – Target 3. “Healthy Trinity by 2030”  
Healthy Trinity Terms of Reference – Goal 1 “Embed health into all aspects of campus culture, across the administration, operations, student, services and academic mandates.”  
UN Sustainable Development Goals – Goal 3 “Good health and well-being”  
UN Sustainable Development Goals Wedding Cake – shows the biosphere as the foundation of society including Goal 3 “Good health and well-being”  
WHO One Health initiative – Pathway 2 “Organizational and institutional development, implementation and sectoral integration”  
HEA Healthy Campus Charter and Framework

**Project Collaborators**  
**Participation:** Trinity has over 100 academic, professional and student partners who have collaborated to date and will continue to do so. These partners are students and staff from across all three faculties (with particularly strong support from the Faculty of Health Science, the School of Medicine and the School of Business), in all health services (Health, Counselling, Sport, Disability) and in many services (Library, Global).  
**Partnership:** Partners outside Trinity are many but include the Health Service Executive, DFHERIS, the HEA, Healthy Ireland, other HEIs, the National Transport Authority and others.

**Key Learning Points**  
We’re at a critical turning point for Trinity, a turning point in human history. We have the opportunity to make the changes that are needed, and so we should be genuine, work together, help each other, look beyond the walls of Trinity, and treat the earth like a friend.  
Much of our systemic progress to date has occurred through the generosity of champions who take on extra work to embed health and sustainability in everything Trinity does. That generosity has most often occurred where partners are committed to Trinity’s mission and have long-term or permanent working contracts that support relationship building.

Healthy Campus Process	Whole Campus Approach	Topic	Population Group
Commit Coordinate	Leadership, Strategy & Governance	Alcohol	Students
		Substance Misuse	Staff
Consult	Campus Environment (Facilities & Services)	Healthy Eating / Food	Wider community
		Mental Health & Wellbeing	Other
	Campus Culture & Communications	Tobacco Free Campus	
		Physical Activity / Active Transport	
	Personal & Professional Development	Wellbeing on the Curriculum	
		Health & Sustainability	



**Trinity College Dublin**  
Coláiste na Tríonóide, Baile Átha Cliath  
The University of Dublin

