



Healthy Campus Case Study



Driving a culture of consent in UL: obstacles and opportunities for growth

Name of institution and initiative lead	Aims and Objectives	Project Collaborators
University of Limerick. Healthy UL - Sexual Health & Wellbeing Group	There was a focus on educating students on what is meant by “Active Consent” and how communication is key in ensuring positive, respectful and safe sexual experiences, for all involved.	Student orientation officers UL Student Life
Date and timeframe	Aligned frameworks, policies, or strategies	Healthy UL
September 2021 – March 2023	University of Limerick Action Plan Tackling Sexual Violence, Sexual Misconduct and Sexual Harassment on campus University of Limerick ‘Healthy UL’ Framework University of Limerick Strategic Plan 2019 – 2024	We engaged with the Active*Consent team from the University of Galway and benefited from their expertise to aid in the rollout of the workshops.
What was the reach?	Project Collaborators	Members of the Mid-West Rape Crisis Centre are also members of our Sexual Health & Wellbeing Group and our Consent Framework Steering and Policy Review Group.
Increased awareness and engagement with both staff and students on understanding consent with over 3900 students engaging in the Active*Consent workshops across the University of Limerick. Active*Consent roll out 2022/23 – Taking a whole campus approach to health and wellbeing, in particular sexual health.	Student Affairs Graduate Medical School	Key Learning Points
Aims and Objectives	Members of all four faculties in the university including Deans, Professional, Managerial and Support Staff and Heads of Departments.	A more structured setting in the facilitation of the Active*Consent workshops is needed for maximum engagement.
The aim of the Active*Consent Workshop rollout was to raise awareness in the area of consent, and the capacity to consent with the intention to establish a culture of consent across the University of Limerick Campus.		The University of Limerick has a very supportive campus community and by adopting a whole campus approach it delivers a stronger message.

Healthy Campus Process	Whole Campus Approach	Topic	Population Group
Commit	Campus Environment (Facilities & Services)	Sexual Health & Wellbeing	Students
Coordinate	Campus Culture & Communications	Physical Activity /Active Transport	Staff
		Wellbeing on the Curriculum	Wider community

