



Healthy Campus Case Study



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AN tÚDARÁS um ARD-OIDEACHAS

Connect Café

Name of institution and initiative lead

Atlantic Technological University. ATU Galway Campus and ATU Mayo Campus in collaboration with Mental Health Ireland.

Date and timeframe

October 2022

Aims and Objectives

Highlighting the importance of peer connection

Promoting a simple way of protecting and improving mental health

Encouraging smaller social environments and groups on campus

Aligned frameworks, policies, or strategies

National Student Mental Health and Suicide Prevention Framework and the #FirstFiveWeeks Programme.

Project Collaborators

Internal collaborators included the Student Counselling Service Student Services, Students Union, Healthy Campus, and the International Hotel School. External collaborators included Mental Health Ireland & the Galway Community Café.

Key Learning Points

Building external partnerships with Mental Health Ireland & Galway Community Café

Providing access to referral pathways

Healthy Campus Process	Whole Campus Approach	Topic	Population Group
Create	Campus Environment (Facilities & Services)	Mental Health & Wellbeing	Students



Ollscoil
Teicneolaíochta
an Atlantaigh

Atlantic
Technological
University

