Healthy Campus Case Study

Name of institution and initiative lead
Atlantic Technological University Donegal Mental Health & Wellbeing Working Group

Date and timeframe
October 2022 – Healthy Campus Day

What was the reach?
All Students

Aims and Objectives
To hear the student voice
To communicate directly with students on their priorities

Aligned frameworks, policies, or strategies

Healthy Campus Framework Aim 3: To generate and disseminate knowledge for promoting health and wellbeing in Higher Education Institutions

Principle 1: Participation - Where students, staff and the wider campus community are actively engaged in deciding on and implementing health and wellbeing promotion actions.

National Student Mental Health & Suicide Prevention Framework Theme 9 - Improve: Frequent data collection and analysis to ensure an effective improvement in student mental health.

What is a Mental Health & Wellbeing Priority for you

Project Collaborators
Students Union & Design Students

Key Learning Points
The adoption of a Whole Campus approach to improve the Mental Health & Wellbeing of all Students and Staff

Healthy Campus Process
Commit
Coordinate
Consult
Create
Celebrate & Continue

Whole Campus Approach
Campus Culture & Communications

Topic
Mental Health & Wellbeing

Population Group
Students