



Healthy Campus Case Study



HEA | HIGHER EDUCATION AUTHORITY
AN tÚDARÁS um ARD-OIDEACHAS

What is a Mental Health & Wellbeing Priority for you

Name of institution and initiative lead
Atlantic Technological University Donegal Mental Health & Wellbeing Working Group
Date and timeframe
October 2022 – Healthy Campus Day
What was the reach?
All Students
Aims and Objectives
To hear the student voice To communicate directly with students on their priorities

Aligned frameworks, policies, or strategies
Healthy Campus Framework Aim 3: To generate and disseminate knowledge for promoting health and wellbeing in Higher Education Institutions
Principle 1: Participation - Where students, staff and the wider campus community are actively engaged in deciding on and implementing health and wellbeing promotion actions.
National Student Mental Health & Suicide Prevention Framework Theme 9 - Improve: Frequent data collection and analysis to ensure an effective improvement in student mental health.

Project Collaborators
Students Union & Design Students
Key Learning Points
The adoption of a Whole Campus approach to improve the Mental Health & Wellbeing of all Students and Staff

Healthy Campus Process	Whole Campus Approach	Topic	Population Group
Commit	Campus Culture & Communications	Mental Health & Wellbeing	Students
Coordinate			
Consult			
Create			
Celebrate & Continue			

