What does a Healthy Campus look like?

### Name of institution and initiative lead
Atlantic Technological University Sligo
Healthy Campus Coordinator and Creative Design Department

### Date and timeframe
January 2022 to May 2022 (Though the HC Mural will be in place until Dec 2023)

### What was the reach?
The Healthy Campus Mural is located on a wall on the main concourse so is seen daily by up to 4000 + staff & students. Also seen by visiting groups during open days and events.

### Aims and Objectives
A Key element of the Healthy Campus Process is to “Consult with staff and students and the wider campus community to identify one or two priorities.”

to develop an innovative way to carry out this consultation that would be engaging, inclusive and would give the campus population an opportunity to give their feedback on “What does a Healthy Campus look like?”
to take the feedback above, do a reflective thematic analysis and identify the key themes for a ‘What does a Healthy Campus Looks like?’

to work with 3rd Year Creative Design students as part of one of their final year projects to design a Healthy Campus mural based on those identified themes.
to install the Healthy Campus mural on a main wall on the ATU Sligo concourse, highlighting in a visual way the key components of a Healthy Campus to everyone who walked passes by it, not just staff and students but members of the public, prospective students etc.

### Aligned frameworks, policies, or strategies
National Student Mental Health and Suicide Prevention Framework 2020
Healthy Campus Charter and Framework 2021
Ending Sexual Violence & Harassment in HEI’s 2022
REACT
Athena Swan
Neurodiversity
Disability/Access
Green Flag

### Project Collaborators
ATU Sligo management, estates office, Student Services, Students Union, Public Health and Health Promotion Course, Creative Design Course, TUS – Leadership in Workplace Health and Wellbeing MA course.

### Key Learning Points
The data collection piece proved to be a very effective, efficient way to engage with the campus population to identify what they saw as being the key components of a healthy campus.
The use of the 3rd year Creative Design students was key to the success of the initiative. The initiative was a final year design project for them for which they got marks for one module of their course. It proves that Healthy Campus can be imbedded in all programmes and curriculum.
It shows a commitment by management to Healthy Campus by allowing a wall to be utilised for the mural but also their support for the HC Coordinator vision.
The findings from the initiative are being utilised by ATU management in the development of the ATU Strategic Plan.
The initiative was undertaken as part of the HC Coordinators MA Research Thesis, it is great to be able to do it on a topic that has a real impact on the organisation but also shows it is so important that these types of initiatives are under pined by research.

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