**HEA Healthy Campus**  **Case Study**

**NOTES FOR COMPLETION**

* Case studies should relate to your institution's healthy campus initiative.
* Where possible send a photograph or illustration, links, or resources to accompany your case study.
* It is recognised that not all sections will be relevant to all case studies – the proforma is designed to offer consistency across a range of case studies.
* The HEA will invite selected institutions to present their case studies at the HEA Wellbeing Conference, in Dublin, on April 20th, 2023. All case studies will be printed and displayed at the conference.
* Case studies will be used as part of HEA communications including email, website, and social media.
* Case studies should be written in the third person and anonymous when it comes to participants’ names.
* Please be as **concise and clear** as possible and consider the use of bullet points to summarise information.
* Please submit your case study to [healthycampus@hea.ie](mailto:healthycampus@hea.ie).

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| **HEALTHY CAMPUS CASE STUDY** | |
|  | |
| **Name of Institution/ Organisation** |  |
| **Who lead the initiative?** | For example, Healthy Campus Working Group, School/ Faculty, Department, etc. |
| **Date and timeframe of the initiative** | For example, the academic year 2022 – 2023 and ongoing. |
| **What was the reach of the initiative?** | How many students, staff or others did the initiative target/ reach. |
| **Initiative Title** |  |
| **Aims/ Objectives** | Describe what you were trying to achieve. |
| **The rationale for the action, including any identified health needs** |  |
| **Identify all frameworks, policies, or strategies this initiative aligns to**  **(internal, local or national)** |  |
| **Summary** | Please provide a summary of your case study.  Max 400 words. |
| **Did you collaborate with internal and/or external stakeholders to deliver?** | Include stakeholders here. |
| **How was the initiative organised?** | Please include elements such as action planning, piloting, approval for the initiative, committee meetings, timeframes etc. |
| **What resources did you need?** | Including financial, staffing and others. |
| **Has it been evaluated? How successful has it been?** | Include details of any results/ outcomes here. |
| **Any future plans, including the sustainability of the initiative?** |  |
| **Key Learning Points** |  |

**Healthy Campus Framework Categories (please tick all that apply)**

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| --- | --- | --- | --- |
| **Healthy Campus Process** | **Whole Campus Approach** | **Topic** | **Population Group** |
| Commit | Leadership, Strategy & Governance | Alcohol | Students |
| Coordinate | Campus Environment (Facilities & Services) | Substance Misuse | Staff |
| Consult | Campus Culture & Communications | Healthy Eating / Food | Wider community |
| Create | Personal & Professional Development | Mental Health & Wellbeing | Other |
| Celebrate & Continue |  | Sexual Health & Wellbeing |  |
|  |  | Tobacco Free Campus |  |
|  |  | Physical Activity / Active Transport |  |
|  |  | Wellbeing on the Curriculum (can also fall under ‘Personal & Professional Development) |  |
|  |  | Health & Sustainability |  |
|  |  | Other |  |

**Contact Details**

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| --- | --- |
| **Contact Name/s** |  |
| **Date** |  |
| **Email Address** |  |
| **Links** | Please add links to any relevant pages/ documents. Please attach any items not in a link format with your submission. |